Starters

Santoña Toast Tapenade made with piquillo peppers, Cantabrian anchovies, and padrón peppers **Avocado Tartare** 12 With tomato, dressed with soy mayo **Salmon Tartare** 16 With avocado and mango, marinated in soy sauce, Mirin and sesame oil **Tuna Tartare** 19 Marinated in soy sauce, served with avo and tomato **Prawn Cocktail** 12 Avocado cream, pink sauce and boiled prawns **Argentine Mollejas (Sweetbread)** 18 With caramelized bell pepper and chimichurri mayo

WELCOME

Cooking is one of the most sincere demonstrations of affection. That's why it's important to surround ourselves with the finest ingredients and the best people to achieve it.

At the shores of the Mediterranean Sea, we put all our passion and dedication to make you feel at home.

Thank you for sharing your moments with us,

Jamilia La Frontera

OPEN ALL YEAR ROUND!

Have an event?Ask for special menus

SALADS

Mixed

Black Rice

With prawns and pork meat

With chanquetes and our homemade aioli

	GAEABO	
	La Frontera Mixed sprouts, cherry tomatoes, avocado, mango, and red onion	13
	Burratina Italian burratina cheese, arugula, semi-dried tomatoes, and balsamic vinegar	12
	Ukranian Potatoes, carrots, peas, prawns, onion, Pil-Pil mayonnaise, and smoked paprika pearls	12
*	La Fresquita Celery and lime ice cream, purple endive, avocado, green apple, pine nuts, and raspberry	15
*	La Cabrona Goat cheese, tomato ice cream, mixed sprouts, cherry tomatoes, walnuts, raisins, and almond vinaigrette.	14
	FROM OUR Sea	
*	Grilled Sardine Skewers	6
	Clams or Coquinas	15
	Boiled Mussels	ASK
	Pil Pil Shrimps	12
	Special Cuttlefish On a wok with seafood cream, onion, prawns and mussels	18
*	Rosada Fish 250g slow-cooked, served with clam cream, prawns, garlic, and parsley	18
*	Scallops With black parsnip puree and caramelized mushrooms	19
	OURPaellas	
*	Price per person. 2 people minimum Seafood	

15

OUR Fritters

	RATION	RATI
Adobo	7,5	12
Fried Anchovies	7,5	12
Lemon Marinated Anchovies	8	13
Calamari	8	14
Chanquetes (Transparent goby)	7	11
Fried Rosada	7,5	13
Puntillitas (Baby squid)		13

Of The House

Ravioli Filled with ricotta cheese, burrata, and spinach	18
Tagliatelle With clams, white wine, garlic, and parsley	17
Octopus Leg 250g with Sweet Potato puree and Kimchi mayonnaise	28
National Squid Skewered and served with chef's side	4,5 /100gr
Salmon 250g semi-wild salmon with pea puree, slow-cooked	23

29

FOR THE Little Ones

Marinated in soy sauce, Mirin, and sesame oil, with red

Almadraba Red Tuna

pepper puree and roasted avocado.

Chicken nuggets	10
Macaroni with tomato sauce	

FROM OUR Land

	La Frontera Burguer 200g beef, with goat cheese, caramelized onion, crispy bacon, mixed sprouts, and black garlic Aioli	15
	Acorn-fed Iberian Pork Pluma Top Ioin 100% Acorn-fed, grilled. Withdeluxe vegetables	28
*	Skirt Steak 300g of Argentine grain-fed beef with chef's side	26
*	Flank Steak 300g of Argentine beef, grilled with chef's side	28
*	Ribeye Steak 350g of premium Argentine Angus, grilled and	31

Tiramisu Caramelized Pineapple With vanilla ice cream and crunch Cheesecake With milk caramel and chocolate syrup

Carrot and Nut Cake
With anise spice syrup and mascarpone ice cream

Bread and butter Per person 1€

La Frontera Panna Cotta



